

ENGLISH				MATHEMATICS			GENERAL AWARENESS			HINDI		
Week / Day	Topic	Activity Description	Materials Needed	Concept / Focus	Activity Description	Materials Needed	Focus Area	Activity Description	Materials Needed	Focus Area	Activity Description	Materials Needed
Week 7 Monday	Introduction to Letter Ee	<ul style="list-style-type: none"> Phonics Chant: "E says /e/ – like ए" with gesture and echoing Air Tracing: Use two fingers to trace Ee in air while repeating the sound Visual Aids: Flashcards – egg, elephant, elbow, envelope Audio Play: Phonics song for Ee Picture Matching: Match Ee words to pictures Worksheet: Trace and color uppercase & lowercase Ee 	Flashcards, audio player, tracing sheet, crayons	Introduction to Counting Groups	<ul style="list-style-type: none"> Use real objects (fruits, toys) to form countable groups. Ask "How many do you see?" and count aloud together. Show pictures with 3–6 objects; children guess and count. Match each group with its correct number. Use counting songs (e.g., "Five Little Ducks"). Talk about how everything around us can be counted. 	Fruits, toys, flashcards, number chart	Introduction to Body Awareness	<ul style="list-style-type: none"> Narrate a story where "Tommy the Toes" and "Nina the Nose" talk about their roles. Encourage children to name parts of their body. Use a puppet to point and ask, "What is this?" Sing a simple rhyme involving body parts. Children point to their own body parts as named. Ask children to look in mirrors and say what they see. 	Storybook, puppet, mirror, flashcards	Story-Based Letter Introduction (अ, आ)	<ul style="list-style-type: none"> Introduce sounds of अ and आ: with clear pronunciation Use hand gestures to show nasal and breathy sounds Narrate story जब बड़े मल्लि with voice modulation Show big visual cards of अ and आ: Ask children to repeat the sounds in chorus Discuss examples: अंगूर, बंदर, दुःख, परात: 	Story cards, flashcards of letters, picture props
Week 7 Tuesday	Story Recap – Kind Daisy	<ul style="list-style-type: none"> Story Recall: Retell "Kind Daisy" with visuals or puppets Moral Discussion: "Helping others makes us kind and loved" Real-Life Example: "Helping a friend pick up their dropped toys" Rhyme Recap: Say and act out key lines from Kind Daisy Picture Talk: Identify kind actions in images Drawing: Draw Daisy and a kind action 	Puppets, story cards, drawing paper, kindness visuals, Daisy coloring page	Count and Circle	<ul style="list-style-type: none"> Show a worksheet with groups of items and number options. Count each group aloud with the class. Guide children to circle the correct number from options. Let children use markers to highlight correct answers. Peer checking: kids exchange and check each other's work. Clap for correct answers as encouragement. 	Count & Circle worksheet, crayons, markers	Head, Shoulders, Knees, and Toes	<ul style="list-style-type: none"> Teach the rhyme "Head, Shoulders, Knees and Toes". Children repeat actions with music. Play freeze dance with body part commands. Children take turns pointing to friend's called –out body part. Flash body part images and ask them to name. Use a large chart to revise. 	Audio player, printed rhyme, chart, image cards	Picture Cards & Vocabulary Expansion	<ul style="list-style-type: none"> Show picture cards of words with अ/आ: (अंगूर, संतरा, दंत, दुःख) Children repeat the word after teacher Identify where अ or आ: appears in the word Group sorting: अ words vs आ: words Match picture with correct word card Quick oral quiz: name word with अ or आ: 	Picture cards, word cards, sorting trays
Week 7 Wednesday	Story Recap – Just Me	<ul style="list-style-type: none"> Poem Recap: "Just Me" with gestures and voice modulation Moral Chat: "We are all special in our own way" Real-Life Link: "My favorite thing about myself is..." sharing time Finger Tracing: Trace Ee on textured cards or sand tray Art Activity: "This is Me" self-portrait Letter Matching Game: Aa–Ee review 	Rhyme chart, sand tray, mirror, crayons, tracing cards, self-portrait frames	Count and Match	<ul style="list-style-type: none"> Show number cards (1–10) and matching object cards. Children draw lines to connect quantity with number. Use real items and ask them to match with numbers. Use board or floor for large group matching activities. Sing "1, 2, 3... Count with me" while matching. Children can match with magnetic boards or chalk. 	Matching cards, real items, board, worksheet	Mirror Play and Face Parts	<ul style="list-style-type: none"> Children observe their face in the mirror. Ask them to point and name eyes, nose, mouth, ears. Match flashcards of face parts to their real ones. Do a group game: "Touch your _____". Show a puppet or doll and ask what parts it has. Talk about what each part does. 	Mirrors, face flashcards, puppet or doll	Tracing & Writing Practice	<ul style="list-style-type: none"> Demonstrate tracing of अ and आ: on board Air writing with big arm movements Sand tray finger tracing of अ and आ: Use dotted worksheets for pencil practice Children take turns writing on mini blackboards Praise effort with smiley stamps 	Sand trays, dotted worksheets, chalkboards, smiley stamps

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Week 7 Thursday	Ee Object Hunt	<ul style="list-style-type: none"> • "Ee Object Basket": Find and name objects starting with E (egg, elephant) • Group Game: "Say it if it starts with E!" • Rhyming Practice: egg-leg, net-pet, red-bed • Flashcard Show: Review Aa-Ee with sound chant • Story Walk: Find and place E-words around classroom • Worksheet Completion: Trace Ee and circle E words 	Basket of objects, picture cutouts, alphabet flashcards, worksheet	Hands-On Pair Activities	<ul style="list-style-type: none"> • Give children bowls with small items (buttons, spoons). • Ask them to count and match to number cards. • Work in pairs: one counts, one matches. • Use puzzles: piece with 5 apples slot with number 5. • Add sticker rewards for accuracy. • Repeat activity using peer instruction. 	Bowls with items, stickers, puzzle cards	Body Parts and Their Use	<ul style="list-style-type: none"> • Introduce body part-function cards (e.g., eyes - see). • Play "Match the body part with function". • Colour a body outline. • Do "Simon Says" with body part cues. • Revise with a puppet quiz. • Ask: "Which body part helps you smell?" and let them guess. 	Function cards, outline worksheet, crayons, puppet	Sound Sorting Game & Role Play	<ul style="list-style-type: none"> • Play sorting game with mixed word cards (अ, आ, others) • Circle correct letters on worksheets • Assign roles for mini-drama from story • Use headbands/puppets for characters • Act out the scene where letters combine • Applaud each group after role-play 	Word cards, worksheets, headbands, puppets
Week 7 Friday	Wrap-up + Visual Recap	<ul style="list-style-type: none"> • Visual Recap: Alphabet wall from A to E • Air & Finger Tracing: Guided review of Aa-Ee • Class Display: Hang self-portraits and D/E word art • Group Activity: Match sounds to letters with flashcards • Movement Game: "Jump on the Letter!" floor letters Aa-Ee • Sharing Circle: What new words did you learn with E? 	Display board, large floor letters, alphabet visuals, student work samples, reflection cards	Review + Worksheet Time	<ul style="list-style-type: none"> • Quick review of count, circle, and match through flashcards. • Worksheet activity: Count and circle correct numbers. • Worksheet 2: Match groups of items to numbers. • Draw a few objects and ask children to count and label. • Use hop-counting activity (kids hop to number tiles). • Recap rhyme: "Every item matters, count with care!" 	Worksheets (Circle & Match), hop tiles, drawing paper	Caring for Our Body	<ul style="list-style-type: none"> • Talk about hygiene habits using body parts. • Act out washing face, brushing teeth. • Children role-play with pretend soap and towel. • Sing a hygiene rhyme. • Create a "clean body = happy body" poster. • Ask children to share one thing they do to take care of their body. 	Pretend soap, towels, hygiene poster, rhyme, crayons	Revision through Games & Rhyme	<ul style="list-style-type: none"> • Recap अ and आ: sounds and shapes • Conduct "Find and Circle" game on chart • Play "Letter Hunt" around classroom • Sing a fun chant including अ and आ: words • Match letters to pictures in a quick game • Review story moral with examples from life 	Chart paper, hidden flashcards, rhyme chart, game cards