

ENGLISH				MATHEMATICS			GENERAL AWARENESS			HINDI		
Week / Day	Topic	Activity Description	Materials Needed	Concept / Focus	Activity Description	Materials Needed	Focus Area	Activity Description	Materials Needed	Focus Area	Activity Description	Materials Needed
Week 10 Monday	Rhyme Introduction	<ul style="list-style-type: none"> Storytelling with Rhythm: Recite Goosey Goosey Gander with rhythmic voice and hand gestures Visual Aids: Show rhyme flashcards (goose, stairs, lady) Phonics Sound: "G says /g/ – like ग (goose, grapes, gate)" Air Tracing: Letter Gg tracing in air Worksheet: Colour the goose and trace Gg 	Flashcards, rhyme sheet, tracing worksheet, crayons, alphabet chart	Rhyme Intro – Roly Poly	<ul style="list-style-type: none"> Introduce the rhyme "Roly poly, roly poly – up, up, up..." Sing with full-body actions (arms up, crouch down). Children copy movements and say directions. Discuss the meaning of "up" and "down". Use puppets or toys to act out the rhyme. Play the rhyme with music. 	Flashcards, puppets/toys, speaker/music, rhyme chart	Story on Good Habits	<ul style="list-style-type: none"> Narrate story of Bella showing good habits at school (raising hand, helping, sharing). Pause to ask questions about each habit. Use expressive tone and visuals. Let children act out good habit scenes. Reinforce words like "please," "sorry," "thank you." End with a class clap for Bella's behaviour. 	Storybook or printed story cards with visuals, hand puppets, emotion cards	Letter Introduction – च, छ	<ul style="list-style-type: none"> Introduce letters च and छ with correct phonics Show picture flashcards: चम्मच, चाय, चड़िया; छाता, छड़ी, छपिकली Air tracing for both letters Finger tracing on and trays Say words aloud together for sound recognition Short recall game: teacher says word, children guess starting letter 	Flashcards, sand tray, chart with words
Week 10 Tuesday	Action-Based Learning	<ul style="list-style-type: none"> Action Recitation: Flap arms for goose, climb up/down for stairs, knock gesture for door Goosey Walk Game: Mark spaces as "upstairs" and "downstairs"; kids move as geese following rhyme Role Play: One child as goose, others as "house/lady" Revise Ff-Gg phonic sounds 	Room markers (stairs, doors), tape, rhyme printouts	Object Demo – Up and Down	<ul style="list-style-type: none"> Show real objects (ball, book, toy) placed on a table (up) and on floor (down). Ask: "Where is the teddy – up or down?" Do group activity: children move toy up/down on signal. Practice using "up" and "down" in sentences. Repeat with new objects. Recap rhyme movements. 	Toys (ball, teddy), table, mat, visual labels	Visual Good Habits	<ul style="list-style-type: none"> Show picture cards of good habits at school. Children name what's happening in each picture. Match habit name to image (e.g., washing hands). Sort cards into "Good" and "Not Good" groups. Explain why some habits are helpful. Let children mimic each habit shown. 	Picture flashcards of habits, sorting board or mat	Letter Introduction – ज, झ	<ul style="list-style-type: none"> Introduce letters ज and झ with phonics Show flashcards: जंगल, जहाज, जोकर; झूला, झरना, झंडा Air tracing and tactile board tracing Match words to pictures Letter hunt game: find ज or झ cards hidden in class Recap vocabulary list for both letters 	Flashcards, tactile boards, picture cards
Week 10 Wednesday	Goose Craft & Imagination	<ul style="list-style-type: none"> Craft Activity – Make a Goose: Use cotton, cut-outs, and paste onto stairs drawing Talk Time: "Where shall I wander if I were a goose?" – build vocabulary and confidence Peer Sharing: Let children describe where their goose would go Finger Tracing of Gg using textured surface 	Cotton, glue, goose templates, paper stairs, texture boards or sand trays	Body Movement & Action Game	<ul style="list-style-type: none"> Play "Jump Up, Sit Down" game with the class. Use slide/stairs if available: "Climb up", "Go down". Play "Up and Down Simon Says". Make pairs and give commands like "you go up, your friend down". Use yoga stretch up/down poses. Recap rhyme in pairs. 	Slide/stairs, open space, music, floor markers	Role Play at School	<ul style="list-style-type: none"> Children act as teacher or students in role play. Practice scenes like raising hand, asking for help. Use school props (bag, desk, bottle). Emphasize polite words during play. Encourage peer feedback with claps. Reflect after role play: "What did we learn?" 	Props: toy bags, water bottles, dustbin, class bench/table setup	Letter Introduction – ज + Vocabulary Reinforcement	<ul style="list-style-type: none"> Introduce letter ज (recognition only) with examples: ज्ञानी, ज्ञान Revise all 5 letters (च, छ, ज, झ, ञ) Match the letter with its picture game Small group activity: say one word for each letter Story time using characters: "जया जाती जंगल, झील में झूला" Air tracing revision of all letters 	Letter cards, picture flashcards, story props

