

ENGLISH				MATHEMATICS			GENERAL AWARENESS			HINDI		
Week / Day	Topic	Activity Description	Materials Needed	Concept / Focus	Activity Description	Materials Needed	Focus Area	Activity Description	Materials Needed	Focus Area	Activity Description	Materials Needed
Week 32 Monday	Introduction to Letter Y	<ul style="list-style-type: none"> <li>Show flashcards of Y</li> <li>Phonic sound /य/ – Yarn, Yogurt, Yellow</li> <li>Talk: “Y is for You!”</li> </ul>	Flashcards (Y-words), yarn samples, yellow objects	Story: Bella’s Visit to the Garden	<ul style="list-style-type: none"> <li>Narrate story with visuals of garden elements</li> <li>Emphasize numbers in nature (flowers, bugs, etc.)</li> </ul>	Story visuals, flower/bug cutouts	Introduction – Types of Food (Fruits/Vegetables)	<ul style="list-style-type: none"> <li>Show real/dummy fruits and vegetables</li> <li>Discuss taste, color, and health benefits</li> <li>Group food into fruits or vegetables</li> </ul>	Toy fruits/vegetables, flashcards, real fruits (if possible), sorting mats	Introduction of Letter अः	<ul style="list-style-type: none"> <li>Introduce अः – वसिष्ठ (with light breath sound)</li> <li>Show example words: दुःख, मूव; नःशिवद</li> <li>Explain sound as a soft “ह” release after the vowel</li> </ul>	Flashcard for अः: Word cards with अः sound (in simple use)
	Air Tracing Rhyme – Y Y Yell	<ul style="list-style-type: none"> <li>Arm-trace “Y” in the air (slant + straight line)</li> <li>Chant the sound /य/</li> <li>Rhyme: “Yellow yarn on the floor, twist and twirl a little more!”</li> </ul>	Large letter Y chart, open space Rhyme card, optional yarn or yellow cloth	Group Counting – Nature Walk	<ul style="list-style-type: none"> <li>Count flowers, leaves, or stones collected in the walk</li> <li>Group them in sets of 16 to 20</li> </ul>	Nature items or plastic models, counting mats	Sensory Sorting Activity	<ul style="list-style-type: none"> <li>Let kids touch and group soft vs hard food</li> <li>Match flashcards with real food items</li> </ul>	Textured samples (banana, apple), flashcards, sensory trays			
Week 32 Tuesday	Finger Tracing & Sand Tray	<ul style="list-style-type: none"> <li>Trace the uppercase Y in the salt tray</li> <li>Say /य/ sound aloud</li> </ul>	Salt tray, tracing cards for Y	Air Tracing – Numbers 16 to 20	<ul style="list-style-type: none"> <li>Trace numbers 16–20 in air</li> <li>Repeat chants with each number</li> </ul>	Large number posters, chant guide	Air Tracing – Letters F and V	<ul style="list-style-type: none"> <li>Trace letters F (Fruits) and V (Vegetables) in air while saying words</li> </ul>	Letter flashcards, hand motions	Tracing – अः (Air + Finger)	<ul style="list-style-type: none"> <li>Air tracing: “अं जैसा, फरि पीछे दो बंदियों – :”</li> <li>Finger tracing in sand tray with guided strokes</li> <li>Sound chant: “अः – दुःख”</li> </ul>	Sand tray Transparent tracing sheet Flashcard with stroke
	Craft – Y for Yarn Collage	<ul style="list-style-type: none"> <li>Make a yarn collage in the shape of Y</li> <li>Label: “Y for Yarn”</li> </ul>	Chart paper, yarn pieces, glue, letter Y outline	Finger Tracing – Numbers 16 to 20	<ul style="list-style-type: none"> <li>Use finger in sand/salt tray to trace 16 to 20</li> <li>Practice with number cards</li> </ul>	Salt/sand tray, number cards	Cut and Sort – Food Pictures	<ul style="list-style-type: none"> <li>Children cut out food pictures and group them on colored mats: fruits/vegetables/others</li> </ul>	Old magazines, safety scissors, colored mats (green/red), glue sticks			
Week 32 Wednesday	Introduction to Letter Z	<ul style="list-style-type: none"> <li>Show flashcards of Z</li> <li>Phonic sound /ज़/ – Zebra, Zip, Zoo</li> </ul>	Flashcards (Z-words), toy zebra or zip example	Worksheet – Count & Match	<ul style="list-style-type: none"> <li>Match counted objects to numbers from 16 to 20</li> <li>Identify correct groups</li> </ul>	Worksheet, crayons, counters	Worksheet – “Healthy or Junk?”	<ul style="list-style-type: none"> <li>Circle healthy foods and cross out junk items</li> <li>Talk about their choices</li> </ul>	Printed worksheet, crayons, food image cutouts	Poem Recitation – चुन्नू-मुन्नू	<ul style="list-style-type: none"> <li>Recite poem चुन्नू-मुन्नू with actions</li> <li>Discuss: कौन थे चुन्नू और मुन्नू? क्या करते थे?</li> <li>Role play basic actions from poem</li> </ul>	Poem flashcard/chart Hand puppets or stick puppets
	Air & Finger Tracing of Z Rhyme – Zigzag Zebra	<ul style="list-style-type: none"> <li>Air trace zigzag “Z” with fingers</li> <li>Practice saying /ज़/</li> <li>“Zebra zooms with a zip-zap sound, zigzagging all around!”</li> </ul>	Letter Z chart, salt tray or sand for tracing Rhyme card, zebra puppet or image	Game – Number Hop (16–20)	<ul style="list-style-type: none"> <li>Jump to the number called out from 16–20</li> <li>Reinforce recognition</li> </ul>	Number floor cards 16–20, open space	Rhyme – “Healthy Food, Yummy Food”	<ul style="list-style-type: none"> <li>Recite rhyme with gestures: “Carrots and apples, oh so good! Eat them daily, you really should!”</li> </ul>	Rhyme chart, flashcards			
Week 32 Thursday	Craft – Z for Zebra Mask	<ul style="list-style-type: none"> <li>Create a zebra face mask from a cutout</li> <li>Write “Z for Zebra”</li> </ul>	Zebra mask template, black/white paper, glue, scissors	Craft – Garden Scene with Numbers	<ul style="list-style-type: none"> <li>Create a garden collage and paste numbers 16 to 20</li> <li>Label elements like 16 flowers, 17 leaves, etc.</li> </ul>	A4 sheets, flower/leaf cutouts, glue, number labels	Main Activity – Food Collage Making	<ul style="list-style-type: none"> <li>Children create their own plate using cutouts of healthy and unhealthy foods</li> <li>Stick images on paper plates or A4 sheets</li> </ul>	A4 sheets or paper plates, food cutouts, glue, crayons	Worksheet – Letter + Poem Activity	<ul style="list-style-type: none"> <li>Trace अः in worksheet</li> <li>Circle or match words from the poem</li> <li>Colour poem-related items (e.g., घर, खेल, बच्चा)</li> </ul>	Printable worksheet Pencils, crayons Word-picture sheet
	Game – Z Sound Sorting	<ul style="list-style-type: none"> <li>Sort words that begin with Z vs other letters (Zip, Zoo, Zebra, vs Apple, Ball)</li> </ul>	Word/picture cards, sorting chart		<ul style="list-style-type: none"> <li>Bella counts 20 snacks at picnic with friends</li> </ul>		Sharing Circle – My Food Plate	<ul style="list-style-type: none"> <li>Match number cards with number of fruits/vegetables on table</li> </ul>	Finished collages			
Week 32 Friday	Worksheet & Story Time	<ul style="list-style-type: none"> <li>Tracing worksheets for Y &amp; Z</li> <li>Picture match: Circle Y or Z words</li> <li>Story: “Zara the Zebra zooms to the zoo”</li> </ul>	Worksheets, crayons, story cards	Review & Song: 16 to 20	<ul style="list-style-type: none"> <li>Recap all numbers from 16 to 20 with song and actions</li> <li>Clap and count along</li> </ul>	Number chart 16–20, speaker for music	Story Recap – “Fruits and Vegetables”	<ul style="list-style-type: none"> <li>Revisit the story using puppets or flashcards</li> <li>Ask questions about fruits and veggies in the story</li> </ul>	Flashcards, story cards, soft toys (optional)	Drawing + Final Letter Recap (अ-अः)	<ul style="list-style-type: none"> <li>Draw a scene showing चुन्नू-मुन्नू playing together</li> <li>Recap full letter series अ to अः – show letter, say a word, trace once</li> </ul>	Drawing sheet Crayons Flashcards अ-अः
	Recap – Y & Z Poster	<ul style="list-style-type: none"> <li>Make a recap poster with Y and Z word pictures (Yarn, Yogurt, Zebra, Zip)</li> </ul>	Chart paper, cutouts or drawing space, glue, labels		<ul style="list-style-type: none"> <li>Sing number rhyme while pointing at number cards</li> </ul>		Display Day – Food Collage Exhibition	<ul style="list-style-type: none"> <li>Showcase children’s food plates on the class board</li> <li>Let each child talk about their collage</li> </ul>	Pins/tape, display board, name labels			