ENGLISH				MATHEMATICS			GENERAL AWARENESS		
Week / Day	**Topic**	**Activity Description**	**Materials Needed**	**Concept / Focus**	**Activity Description**	**Materials Needed**	**Focus Area**	**Activity Description**	**Materials Needed**
Week 1 Monday	Story: Bella and Her Patterns	• Narrate story with expressions • Show picture book / flashcards • Ask children to find patterns around	Storybook or printout, picture cards, real patterned objects	Story: Bella and Her Number Concepts	• Teacher narrates how Bella organizes toys by count • Identify numbers in story	Story flashcards or props (toys, number cards), puppet or Bella visual	Story Narration – "Unique Bella"	• Narrate story of Bella discovering her body parts and what makes her special • Ask: "What makes YOU unique?"	Story flashcards or printed storybook, Bella puppet/ image, mirror
	Circle Time Talk	• "Where do we see lines?" – board, wall, table leg, etc.	Chart showing examples of lines, pointer or stick	Number Object Hunt	• Children walk around class to find and count 1–3 items	Toy basket, classroom objects (books, blocks, balls)	Discussion Circle	• Children introduce themselves: name, favorite color, what they love doing	Welcome name tags, talking stick (for turn-taking)
Week 1 Tuesday	Standing Lines – Air Tracing	• Demonstrate air tracing of standing line	line using both arms Say "Up to down – straight like a tree"	Air Tracing Numbers (1–3)	• Trace 1, 2, 3 in the air with finger chants • Count fingers while tracing	Number chart with direction arrows, teacher demonstration	Body Parts Introduction (Head to Toe)	• Point to Bella's chart/poster to introduce basic body parts • Game: "I Spy with My Little Eye…"	Body part chart/poster, mirror, Bella outline
	Object Matching	• Match real items with standing line shapes (candle, bottle, stick, etc.)	Object tray: candle, pencil, straw, block, crayon	Group Clap & Count	• Teacher claps, children count • Group clapping exercise with counted repetitions	None (just teacher and group)	Finger Tracing – Bella's Body Parts	• Trace body part parts on Bella's big poster: "From head to toe"	Large Bella outline, pointer or crayons
Week 1 Wednesday	Finger Tracing in Sand	• Trace standing lines in sand tray • Use finger, say the line aloud	Sand/salt trays, trays with lines under transparent sheet	Finger Tracing in Salt ray	• Practice numbers 1 to 3 in salt or sand • Trace with index finger	Salt/sand trays, number pattern guides, trays with sections	Story Revisit + Sorting Game	• Recall Unique Bella story • Match body parts to uses (see with eyes, walk with legs)	Flashcards with images (eye, hand, foot, etc.), magnetic board or floor matching mat
	Workbook Practice (if any)	• Practice tracing standing lines on workbook with crayons or pencils	Workbook page, crayons or thick pencils	Matching Game – Number to Objects	• Match numeral card with group of toys (e.g., card 2 to 2 blocks)	Flashcards (1–3), small toy sets or images	Art – Bella's Puzzle Face	• Paste parts of face (eyes, nose, mouth, ears) on Bella's cutout	Bella face cutout, pre-cut features, glue, crayons
Week 1 Thursday	Gross Motor Activity	• Walk along tape line on floor	Masking tape on floor, speaker or chant card	Number Walk – Step Counting	• Walk and count steps to reach a marked spot (1, 2, 3…)	Number floor markers, cones or masking tape lines	Action Game – "Bella Can…"	• Play: "Bella can jump!" "Bella can listen!" • Kids repeat actions	Open classroom space, visual cue cards (jump, clap, blink, etc.)
	Art Integration	• Stick straw or matchsticks to make standing lines on paper	Chart paper, glue, straws/matchsticks/ small sticks	Count & Stack	• Stack cups, blocks or rings as per number card shown	Colored blocks/cups, number cards	Air Tracing – Letters: B, E, H	• Air trace letters of: Bella, Eye, Hand • Say: "B for Bella – big round curve!"	Flashcards, big letter outlines
Week 1 Friday	Recap Game: Jump on the Line	• Jump on standing line taped on floor when teacher says "STAND!" • Show A/B line cards	Floor lines, A4 flash cards with standing/ slanting/curved lines	Number Song – "1, 2, Buckle My Shoe"	Rhyme – "Ten Little Fingers"	Rhyme card or audio, number props (buckle, shoe, etc.)	Craft – "Mirror Me Frame"	• Make a mirror frame titled I Am Special Like Bella – paste or draw their face inside	A4 paper, mirror foil or shiny paper, glue, self-portrait drawing sheet
	Craft – Line Tree	• Paste green leaves on top of standing lines to make trees	Chart paper, green paper pieces, glue, crayons for decoration	Creative Work Number Crown (1–3)	• Children make a headband crown with 1, 2, and 3 stickers or drawn items	Headband strips, glue, number stickers or drawing materials	Song & Recap – "Head, Shoulders…"	• Action rhyme to recap all body parts Bella used in the story	Rhyme audio or lyrics poster